

# **Ready, Set, Go!**

# **Let's Play Blood Donation Trivia**

**How often does  
someone in the U.S.  
need blood?**

**Every two seconds  
someone in the U.S.  
needs blood.**

**1  
Mile**

**True or False?**

**Human blood can be  
made in a lab.**

**FALSE.**

**Human blood cannot  
be made. Donate  
blood today!**

**2  
Miles**

**How long does it  
take to donate blood?**

**It takes 1 hour to  
donate blood.**

**True or False?**

**Sometimes people  
with sickle cell disease  
need blood donations.**



**TRUE! Sometimes  
people with sickle  
cell need blood to  
live a healthy life.**

# **Can you catch a disease from donating blood?**

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**NO, you cannot  
catch a disease from  
donating blood.**

**Can someone with  
high blood pressure  
or diabetes  
donate blood?**

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**YES, a person with  
high blood pressure  
or diabetes can  
donate blood.**

**Many African-  
Americans have type  
\_\_\_\_\_ blood.**

**Many African  
Americans have type  
O blood, which is in  
high demand!**

**Less than          %  
of eligible donors  
actually donate  
each year.**



**Less than 10% of  
people who can  
donate blood  
actually give.**

**Congratulations, you  
did it! Donate blood  
and save a life today!**