

# Fast Facts About African-American Blood Donation

## THE NEED FOR BLOOD

- Every two seconds, someone in the U.S. needs blood.
- People with certain conditions like sickle cell disease and thalassemia may need blood frequently to prevent complications.
- Blood cannot be manufactured. It can only come from generous, human donors.



## AFRICAN-AMERICAN BLOOD DONATION

- Good matches are more likely if the donor and the recipient share the same racial and/or ethnic background.
- Black Americans and other African descendants are more likely to have rare blood types.
- In the past, Black Americans and other African descendants have donated blood at lower rates than the rest of the population. We need your help to change that!



## DONATION INFORMATION

- There is no risk of contracting a disease from donating blood.
- You can always try again if you were turned away from donating because of low iron levels or a cold.
- Most people who are at least 16 are eligible to give blood, even if they have diabetes or high blood pressure.
- **Find a location: [AABB.org/GiveBlood](https://www.aabb.org/GiveBlood)**

