

**Ready, Set, Go!**

**Let's Play Blood  
Donation Trivia**

**How often does  
someone in the U.S.  
need blood?**

**Mile**

**Every two seconds  
someone in the  
U.S. needs blood.**

**True or False?**

**Human blood can be  
made in a lab.**

**Mile**

**FALSE.**

**Human blood cannot be  
made. Donate  
blood today!**

**How long does it  
take to donate blood?**

**Mile**

**It takes 1 hour to  
donate blood.**

**True or False?**

**Sometimes people  
with sickle cell  
disease need blood  
transfusions.**



**Mile**

**TRUE! Sometimes  
people with sickle cell  
need healthy blood to  
survive & thrive**

**Can you catch a  
disease from donating  
blood?**

**Mile**

**NO, you cannot  
catch a disease from  
donating blood.**

**Can someone with  
high blood pressure  
or diabetes  
donate blood?**

**Mile**

**YES, if your high  
blood pressure or  
diabetes is managed you  
can give blood.**

**Many African-  
Americans have type  
\_\_\_\_\_ blood.**

**Mile**

**Many African  
Americans have  
type O blood, which is in  
high demand!**

**Less than          %  
of eligible donors  
actually donate  
each year.**



**Mile**

**Less than 10% of  
people who can  
donate blood  
actually give.**

**Congratulations, you  
did it! Give blood and  
save lives!**

**[aabb.org/GiveBlood](https://aabb.org/GiveBlood)**